

Issue 42

NEWSLETTER

Summer 2019

Friends,

With the school year starting back up, August is a busy time for families in House District 137.

There are a couple of back to school events going on in our community this month to help families prepare for the school year.

In addition to these wonderful events, my office has worked with our elementary schools to compile general school supply list for parents.

The Chinese Community Center is hosting a Health Fair on August 24th offering a number of protective health screenings.

Engall



Gene distributing backpacks filled with supplies for HD 137 students

The State of Texas has a sales tax holiday this weekend. Goods purchased will be sales tax free to give families a chance to save some money as we prepare for back to school.

Hurricane season is upon us and Houstonians know how important it is to stay prepared. Included are some tips to help with disaster readiness.

It is an honor to serve and represent you in the Texas Legislature.

Sincerely,

In this Issue...

- ➤ Back-to-School Events
- School SupplyList
- CCC Health Fair
- Texas Sales Tax Holiday
- Disaster
 Readiness

Back to School

The HPD Midwest Station is hosting a Back to School Bash, Saturday August 17th from 10am - 2pm.

Officers will be handing out school supplies, and there will be food and fun for the whole family!



Last year's Back to School event was a huge success at the HPD Midwest Station. In addition to handing out school supplies, there was a ton of food and fun for the whole family.

On Saturday, August 10th, The Alliance will be hosting their 11th Annual Back to School Drive at the PlazAmericas Mall. They will be distributing backpacks full of school supplies to around 5,000 students and their families. There will also be a Health Fair and Business Expo for free medical check-ups and promotional offers from local businesses. The event is kids friendly and includes face painting, snow cones, popcorn, entertainment, and more!





Elementary School Supply List

My office worked with our elementary schools to put together a suggested list for our younger students returning back to school. It is a combination of supplies needed for K-5th grade students, while not a fully comprehensive list, it should give you a good idea of what your children need. It was compiled from HISD elementary school lists in addition to ones from several charter schools in the area.

- 2 boxes of 24ct. Crayola Crayons
- 1 pack of blue pens
- 1 pack of black pens
- 2 pkgs. of 24 pencils
- 1 pkg. of dry erase markers
- 2 bottles of hand sanitizer
- 2 pkgs. Wet Wipes
- 1 box of Kleenex
- 1 box of Ziploc baggies (gallon size)
- 1 pair of child-safe scissors
- 4 glue sticks
- 1 pencil sharpener
- 1 zipper pencil bag or pencil box
- 1 ruler (centimeter and inches)
- 1 pkg. Sticky Notes

- 1 pack of white index cards
- 1 set of multiplication flash cards
- 1 set of division flash cards
- 1 pair of over the ear headphones
- 1 one-inch binder with pockets
- 4 folders (with brads and pockets
- in the following colors: blue,
- green, red and yellow)
- 5 spiral notebooks WIDE ruled
- (yellow, green, red, blue, purple)
- 4 Composition Notebooks (marble
- wide rule)
- 1 pkg. of manila paper
- 2 reams of copy paper
- 2 pkgs. of construction paper

Chinese Community Center Health Fair

On Saturday, August 24, 2019, from 1:30pm-4:30pm Chinese Community Center will partner with Epoch Media to host a health fair for our community located at 9800 Town Park Dr., Houston, TX 77036.

The event is aimed to help our community obtain vital health information and stay healthy. The event is open to public and includes the following programs:

- · Health screening such as: cholesterol; blood glucose; blood pressure
- · Physician seminars on blood cancer
- · Physician onsite free consultation
- · Local health organization booths

Please feel free to reach out if you need any additional information!

Texas Sales Tax Holiday

Whether you're in need of book bags, blackboard chalk or bell-bottom pants, Texas Comptroller Glenn Hegar is reminding shoppers they can save money on those and certain other items during the state's sales tax holiday. This year, the sales tax holiday is scheduled for Friday, Saturday and Sunday, Aug. 9-11.



The law exempts most clothing, footwear, school supplies and backpacks priced below \$100 from sales tax, saving shoppers about \$8 on every \$100 they spend during the weekend.

Lists of apparel and school supplies that may be purchased tax-free can be found on the Comptroller's website at <u>TexasTaxHoliday.org</u>.

This year, shoppers will save an estimated \$90.3 million in state and local sales taxes during the sales tax holiday.

Disaster Readiness



EMERGENCY ESSENTIALS KIT >>> www.readyharris.org

PRINT A COPY OF THIS EMERGENCY ESSENTIALS LIST AND TAKE IT WITH YOU TO THE STORE.

FOOD ☐ 7 day supply of non-perishable food that doesn't need cooking ☐ Hand-operated can opener ☐ Plastic plates, cups and utensils	 LIGHTING ☐ Flashlights for each family member with extra batteries ☐ Fluorescent lanterns for each common area ☐ Waterproof matches or a utility lighter
WATER ☐ 1 gallon of drinking water per person per day enough for 7 days FIRST AID ☐ American Red Cross approved first aid kit ☐ Backup prescriptions for essential medications PERSONAL HYGIENE ☐ Hand sanitizer or disinfectant wipes ☐ Toilet paper, paper towels and garbage bags ☐ Dental care and vision products ☐ Travel-size soaps and other beauty supplies ☐ Change of clothes, pair of shoes and blanket per person	COMMUNICATION Portable, battery-powered radio Landline phone with long cord Extra batteries for flashlights, lanterns and radio Extra cell phone battery or car charger Whistle FAMILY SAFETY ITEMS Smoke detector with battery for each floor Carbon monoxide detector with battery backup Fire extinguisher Non-scented bleach for sanitization Sunscreen Insect repellent Shovel and basic tools
CLEAN AIR ITEMS ☐ Nose and mouth protection masks (N-95 rating) ☐ Plastic sheeting ☐ Duct tape	TRANSPORTATION ITEMS ☐ State and regional road maps ☐ Basic repair items (tools, tire patch kit, engine oil) ☐ Games, books and puzzles
BABY ITEMS ☐ Formula, bottles and powdered milk ☐ Diapers ☐ Baby wipes ☐ Diaper rash ointment	PET NEEDS ☐ 7 day supply of non-perishable pet food and water ☐ Cage or pet carrier and leash ☐ Pet medications and pet first aid kit ☐ Current photo in case you are separated ☐ Cat litter and box ☐ Pet bed and toys
Followus on social medis	Popoly-Harris App available # App Store A Cook Blow