Texas Department of State Health Services Texas COVID-19 Resources

HELPFUL PHONE NUMBERS

HHSC MENTAL HEALTH SUPPORT LINE: 833-986-1919

HELP FINDING A DOCTOR OR MEDICAL CARE: 2-1-1



Wash hands often for 20 seconds and encourage others to do the same.



Use hand sanitizer with at least 60% alcohol, if no soap or water is available.



Cover coughs and sneezes with a tissue, then throw the tissue away.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Disinfect surfaces, buttons, handles, knobs and other places touched often.



Avoid close contact with people who are sick.

RESOURCES FOR THE PUBLIC

Texas Case Counts:

https://www.dshs.texas.gov/coronavirus/cases.aspx

Texas Testing Sites: https://dshs.texas.gov/coronavirus/testing.aspx

RESOURCES FOR GOVERNMENT AND POLICY MAKERS

Emergency Protective Measures Assistance:

https://tdem.texas.gov/covid-19/

DSHS Public Health Regions: https://www.dshs.texas.gov/regions/default.shtm

Texas Local Health Departments: https://dshs.texas.gov/regions/2019-nCoV-Local-Health-Entities/

Requests For Rules/Statute Waivers: waivers@soc.texas.gov

RESOURCES FOR PROVIDERS Health Care Volunteers: <u>https://texas.gov/</u>

Requests For PPE, Lab, Or Health Care Supplies: https://dshs.texas.gov/coronavirus/docs/DSHS-TDEM-COVID19PPESTAROverview.pdf

Decontaminating PPE: <u>https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-</u> <u>strategy/decontamination-reuse-respirators.html</u>

RESOURCES FOR BUSINESSES

Small Business Assistance Requests: https://tdem.texas.gov/covid-19/

Essential Services List: https://tdem.texas.gov/essentialservices/

Donating Or Selling Supplies Or Services: https://texas.gov/#covid19

dshs.texas.gov/coronavirus



TEXAS Health and Human Services

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